



OJS WEEKLY UPDATE

11th February 2022

Message from Mrs Sheridan and Mrs Elwill

Children's Mental Health Week at Overchurch Juniors



This week we have been proud to support Children's Mental Health Week in school. All the children have had the opportunity to explore the theme "Growing Together" through a wide range of creative activities including art and music. The activities are designed to promote well-being, encourage discussions about feelings and help the children with strategies for dealing with change.

Year 3 made a tree with butterflies. The children wrote on the wings all the things that make them happy.



Year 4 have spent lots of time enjoying the fresh air and playing well-being games.

Year 5 have been working in groups to create different sections of a tree. These will all be put together to create a class tree.



Year 6 spent some time bird-watching. They looked out for different varieties of common garden birds in our school grounds.

Healthy Eating

Our catering team have also supported Children's Mental Health Week by promoting healthy eating in The Oak Tree Diner.

Healthy Snacks Reminder

We encourage the children to bring in a healthy snack for morning playtime. Here are a few suggestions of healthy snacks.

- Whole or sliced fruit.
- Vegetable sticks, e.g. celery, carrot, pepper, cucumber.
- Bag of plain popcorn.
- Bread sticks.
- Rice or corn cakes.

Children should not eat crisps, sweets, cakes or biscuits for their morning snack.

Well-Being Award

As you may be aware, we are aiming to achieve a Well-Being Award in school. Thank you to those of you who have taken the time to complete the survey with your children. Overall, the results were very positive.

- Children value the Check-in Boards and feel supported when staff talk to them about their feelings.
- Children know it is important to talk about their feelings and emotions. They are comfortable talking to someone in school.
- Children believe school cares about their feelings and emotions.
- Children enjoy spending time with Tilly.

There were also some improvements suggested by the children. I will take these to the School Council and discuss how we could implement them.

- Children would like more information about the Well-Being Award.
- Children would like more strategies to help them deal with their emotions.
- Children would like to have a Worry Box in every classroom.
- Children would like to have a check-in at the end of the day as well as at the start.

PE Update

Within PE this term we have focused on attacking and defending within our PPA lessons. Our main aim was to improve our skill level using Basketball and Netball as our sport topic.

We showed a range of passing skills, used dribbling and shooting skills within small sided games. We also taught defending skills when 2v1 and within a game situation. Really pleasing to see the progress made throughout the year groups.

Active Lunchtime has been a great success this half term, we have had a whole school Dodgeball competition ongoing! Along with a Boccia tournament before Christmas. A massive thank you to our sports ambassadors for helping to officiate the games.

After school indoor Athletics club has been popular among both boys and girls, focusing on events such as sprinting, speed bounce, javelin throwing, relay running, long and triple jumping. We are hoping to have an indoor athletics competition to attend soon!

Next week we have a year 6 football match away against St Johns junior school - hopefully we can start organising more events and competitions to attend during Spring and Summer term. Cricket and Rounders will be delivered during our after-school clubs next half term.



We now have a 'Respect Believe Achieve' PE notice board. Under the achieve section we are looking for photographs of our school children taking part in Sport outside of school! We are hoping to fill the board with lots of children excelling in their chosen sport!

Could any photos be emailed to info@overchurch-junior.wirral.sch.uk.



Spring Term 2 – After School Sports Club

Next half term our after-school sports club will be Cricket & Rounders. The clubs became available for booking from Sunday 13th February at 9am.

Clubs will start upon our return from the half term break, on Tuesday 1st March and will continue for six weeks until the February half term break. The cost of the club will be:

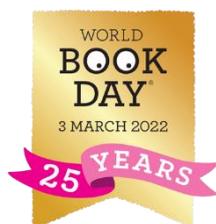
Year 3 - **£15.00**

All Other Years - **£18.00**

Payment can be made via ParentPay after your child's place has been booked.

The days on which the clubs will take place are as follows:

Mondays:	Year 3
Tuesdays:	Year 5
Wednesdays:	Year 4
Thursdays:	Year 6



World Book Day – Thursday 3rd March

Our English Team are asking the children to take part in this year's World Book Day Reading Challenge. There is one challenge for each week leading up to World Book Day.

Re-enact a scene from your favourite book. You could be in the photo or use toys, props or drawings. Be creative!		Read a bedtime story to a family member or your favourite soft toy.
Build a den to enjoy some quiet reading time.	World Book Day 2022 Reading Challenge	Read a book outdoors.

Welcome to the 2022 Overchurch Junior School Reading Challenge!

This year, we will be celebrating World Book Day on Thursday 3rd March. During the four weeks leading up to the big day, we have an exciting reading challenge for you to take part in. We are inviting you to try the tasks above and post your entries on Seesaw (or bring paper copies into school). If you complete all four tasks by Thursday 3rd March, you will receive a certificate and a prize.

We hope you enjoy taking part in our challenge.

The Overchurch Junior English Team



This Week's Class Attendance Figures

Apple	95.3%	Cherry	99.6%
Ash	92.9%	Pine	98.3%
Larch	97.4%	Silver Birch	95.8%
Beech	97.4%	Lime	90.2%
Hawthorn	89.7%	Rowan	96%
Willow	91.8%	Sycamore	94.2%

As a school we must achieve at least 96% attendance.

Congratulations to Cherry class for winning this week's class attendance and the overall school attendance with 99.6%! This class will receive extra MUGA time and 5 respect points for each class member.

It's a tie! This week's winners of lower school attendance are Larch and Beech classes with 97.4%. These classes will receive 3 respect points for each class member.

This week's winner of upper school is Cherry class with 99.6%. This class will receive 3 respect points for each class member

Weekly Subject Focus

Each week we focus on a different subject which includes taking part in projects and conducting experiments. This helps to give the children a more in-depth knowledge of the subject as well as a greater interest. For your information, please see below the schedule of our weekly subject focus for this half term.

Week Commencing 14 th February 2022	Art Week
HALF TERM	



Star Readers

This week's Star Readers are:

Apple -	<i>Finley G</i>	Cherry -	<i>Maddie B</i>
Ash -	<i>Rueben L</i>	Pine -	<i>Alfie P</i>
Larch -	<i>James H-B</i>	Silver Birch -	<i>Chloe L</i>
Beech -	<i>Harry K</i>	Lime -	<i>Alicia C</i>
Hawthorn -	<i>Samson M</i>	Rowan -	<i>Alesha - Mae A</i>
Willow -	<i>Olivia P</i>	Sycamore -	<i>Mason-Elliot D</i>

Congratulations to all our Star Readers this week.

Keep up the great work everybody.



Excellence Award Winners

Apple -	<i>Rosie L</i>	Cherry -	<i>Bobby G</i>
Ash -	<i>Emily F</i>	Pine -	<i>India R</i>
Larch -	<i>Harrison T</i>	Silver Birch -	<i>Joshua P</i>
Beech -	<i>Mylo R-P</i>	Lime -	<i>Ethan B</i>
Hawthorn -	<i>Frankie P</i>	Rowan -	<i>Karl P</i>
Willow -	<i>Matthew G</i>	Sycamore -	<i>Alissa-Jade L</i>

Well Done to All!!



The Food Pantry

EVERYONE IS WELCOME

Opening times will be:

Friday 11th February 3.00pm - 4.00pm

Monday 14th February 8.30am - 9.30am

There will be a wide range of dried and tinned goods available for anyone who would like to come in and fill up a bag. You can fill a bag for yourself, a family member or a neighbour.

We will also be serving tea and coffee at these times. Please ensure that you bring shopping bags.



As well as the Food Pantry, there will also be a School Uniform Exchange. We know that due to lockdowns, families have good quality, hardly worn uniforms that children have outgrown. So, we thought we could start swap scheme to help recycle uniforms. If you do not have any uniform to swap, don't worry you are more than welcome to come along and pick up some items.

So, come along with your uniforms to swap and bags to fill!

Let's do this! **Let's reduce, recycle and reuse.**



Preventing Online Sexual Abuse

[The National Crime Agency's CEOP Education team](#) aim to help protect children and young people from online child sexual abuse. The CEOP Education Programme provides training, resources and information for children and young people, their families and those who work with them. There is information tailored to specific age ranges from 4-18years and a new resource to encourage parents to #Asktheawkward - this new resource is aimed at parents and carers of secondary aged children and consists of three films discussing ways to

talk to your children about online relationships.