

PRIMARY PSHE EDUCATION: LONG-TERM PLAN — QUESTION-BASED MODEL

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	How can we be a good friend?	What keeps us safe? <i>RSE: CWP L1, L2 & L3</i>	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How can our choices make a difference to others and the environment? <i>RSE: CWP L1, L2 & L3</i>	How can we manage risk in different places?	How can we manage our feelings?	How will we grow and change?	How do we treat each other with respect?
Year 5	What makes up a person's identity?	What changes happen during puberty? <i>RSE: CWP L1, L2 & L3</i>	How can we help in an accident or emergency?	How can friends communicate safely?	What decisions can people make with money?	What jobs would we like?
Year 6	How can we keep healthy as we grow? <i>Autumn 2 RSE: CWP L1, L2, L3 & L4</i>		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	